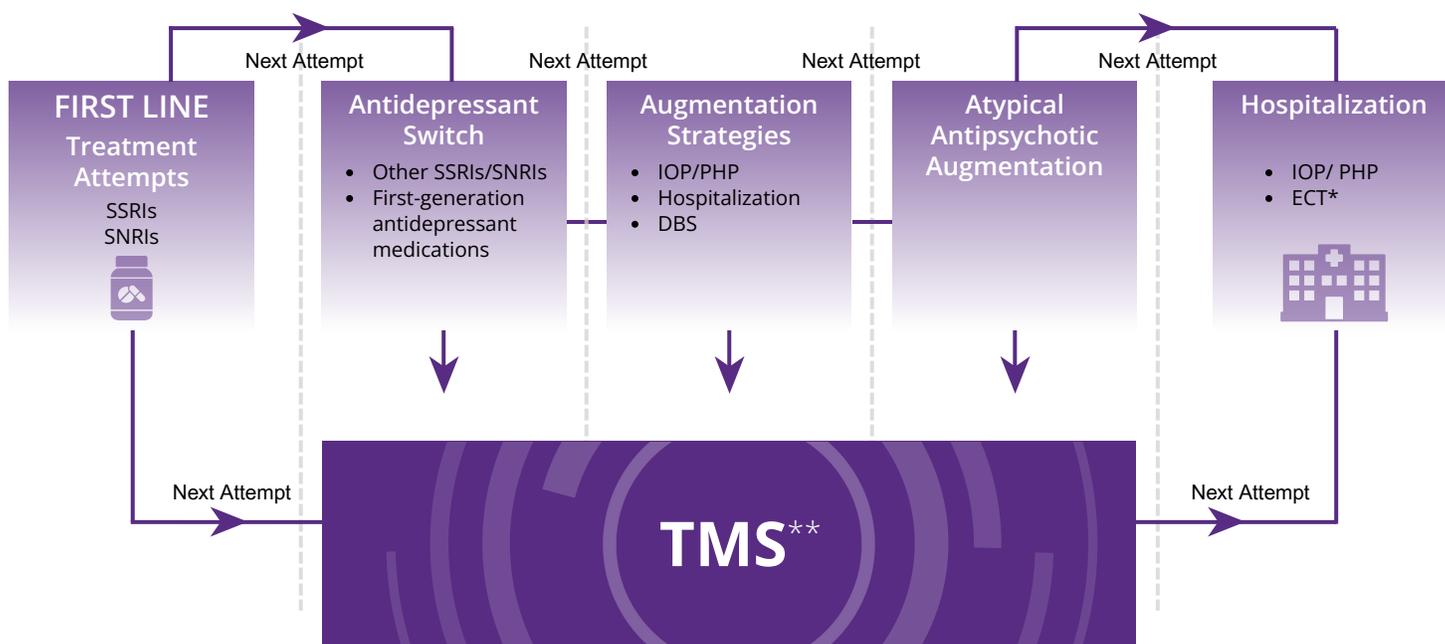


# Best Practices Treatment Guideline for Adult Depression



Based on 2010 APA Practice Guidelines and NeuroStar® Advanced Therapy Indication for Use.<sup>1</sup>

## MDD Treatment Continuum / Psychotherapy



\* ECT may be used earlier in the patient continuum of care in patients experiencing catatonia, acute suicidal behaviors or psychotic symptoms  
 \*\* TMS may be used at any point along the continuum of care following one or more failed treatment attempts

### ANTIDEPRESSANTS

#### Common Medications

##### SSRI

- Celexa® (citalopram)
- Lexapro® (escitalopram)
- Prozac® (fluoxetine)
- Luvox® (fluvoxamine)
- Paxil® (paroxetine)
- Zoloft® (sertraline)

##### SNRI

- Cymbalta® (duloxetine)
- Pristiq® (desvenlafaxine)
- Effexor® (venlafaxine)

##### Other Treatments

- Edronax® (reboxetine)
- Remeron® (mirtazapine)
- Trazadone

##### DNRI

- Wellbutrin® (bupropion)

#### Other



### COMMON SIDE EFFECTS

#### Antidepressant Drugs

- |                  |                             |                             |
|------------------|-----------------------------|-----------------------------|
| • Insomnia       | • Impotence                 | • Fatigue                   |
| • Weight Gain    | • Abnormal Ejaculation      | • Sexual Dysfunction        |
| • Nervousness    | • Dry Mouth                 | • Headache/ Migraine        |
| • Drowsiness     | • GI Distress               | • Increased Appetite        |
| • Anxiety        | • Diarrhea                  | • Decreased Appetite        |
| • Tremor         | • Dizziness                 | • Treatment Discontinuation |
| • Blurred Vision | • Sweating                  |                             |
| • Nausea         | • Decreased Sexual Interest |                             |
| • Constipation   |                             |                             |
| • Weakness       |                             |                             |

#### NeuroStar®

- Scalp Pain and Discomfort<sup>1</sup>

# TMS: An Unrealized Treatment for Depression Sufferers<sup>2</sup>

Depression treatment can take a toll on physical and mental health, causing many sufferers to endure depression with suboptimal treatment experiences, or without any treatment at all. However, those who have tried TMS share the perspective that it is possible to find a better solution to treat their depression.

Our Depression Barometer Survey<sup>2</sup> revealed the following about treatment trial and use:

86% Medication

81% Talk Therapy

30% TMS

## NON-DRUG TMS TREATMENT OUTPERFORMS MEDICATION AND TALK THERAPY FOR USER SATISFACTION<sup>2</sup>



60%

Of patients were satisfied with their TMS treatment



49%

Of patients were satisfied with their Talk Therapy



46%

Of patients were satisfied with their Medication

People currently using TMS to treat their depression have a different and much more positive perspective on their treatment journey than those who have never tried TMS.

## Compared to those who have not tried TMS, Patients who have received TMS therapy are...



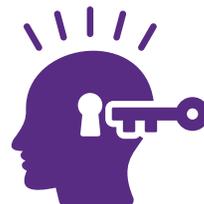
350%

more likely to feel they had **full awareness of available options** when they first started treatment<sup>2</sup>



250%

more likely to say they had a **positive experience with health services** related to their depression<sup>2</sup>



250%

more likely to believe they "have **found a depression treatment option that is the best solution**" for them<sup>2</sup>

1. Neuronetics, Inc. NeuroStar<sup>®</sup> System Instructions for Use.

2. Data on file. 2023. Neuronetics, Inc. Depression Barometer Survey Results, Focaldata online survey, 3/23/23-4/6/23 of 8,275 U.S. adults ages 18+

### NeuroStar Adult Indications for Use

The NeuroStar Advanced Therapy System is indicated for the treatment of depressive episodes and for decreasing anxiety symptoms for those who may exhibit comorbid anxiety symptoms in adult patients suffering from Major Depressive Disorder (MDD) and who failed to achieve satisfactory improvement from previous antidepressant medication treatment in the current episode.

The NeuroStar Advanced Therapy System is intended to be used as an adjunct for the treatment of adult patients suffering from Obsessive-Compulsive Disorder (OCD).

### NeuroStar Adolescent Indications for Use

NeuroStar Advanced Therapy is indicated as an adjunct for the treatment of Major Depressive Disorder (MDD) in adolescent patients (15-21).

### Important Safety Information

NeuroStar Advanced Therapy is only available by prescription. A doctor can help decide if NeuroStar Advanced Therapy is right for you. Patients' results may vary. The most common side effect is pain or discomfort at or near the treatment site. These events are transient; they occur during the TMS treatment course and do not occur for most patients after the first week of treatment. There is a rare risk of seizure associated with the use of TMS therapy (<0.1% per patient). Visit [neurostar.com](http://neurostar.com) for full safety and prescribing information.